

How To Help Your Significant Other with BPH



LEARN

Learn all you can about BPH, its diagnosis and treatment.



PAY ATTENTION

Pay attention to your loved one's symptoms. Start discussing it with him, even if it's difficult. Help him to understand that he owes it to himself – and to you – to seek medical care.



HELP

Help him prepare by watching the Urologix online patient education seminar so he can feel more in control of the process.



OFFER TO GO WITH HIM

Offer to go with him to the doctor. It helps to have another person listening and asking questions.



UNDERSTAND

Understand how BPH and certain treatment options may affect sexual function and be prepared to help him work through those changes.