

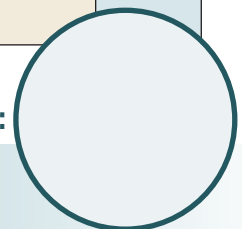
Your BPH Symptom Score

To check your BPH symptoms score, complete the following questions based on your experience over the past month.

Circle your answer and record your score in the right column.

	not at all	less than one time in five	less than half the time	about half the time	more than half the time	almost always	YOUR SCORE
Over the past month, how often have you had the sensation of not emptying your bladder completely after you finished urinating?	0	1	2	3	4	5	
Over the past month, how often have you had to urinate again less than two hours after you finished urinating?	0	1	2	3	4	5	
Over the past month, how often have you found you stopped and started again several times when you urinated?	0	1	2	3	4	5	
Over the past month, how often have you found it difficult to postpone urination?	0	1	2	3	4	5	
Over the past month, how often have you had a weak urinary stream?	0	1	2	3	4	5	
Over the past month, how often have you had to push or strain to begin urination?	0	1	2	3	4	5	
Over the past month, how many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning?	0 Time	1 Time	2 Times	3 Times	4 Times	5 Times	

Total Score:



0 to 7 = Mild Symptoms

8 to 19 = Moderate Symptoms

20 to 35 = Severe Symptoms

This index is a guide for determining the severity of your symptoms and is only one step in diagnosing enlarged prostate. Regardless of the prostate test score, if you are experiencing BPH symptoms that interfere with your quality of life, you may wish to talk to your doctor for further evaluation and additional information regarding this condition.